

SPA

Thermal Zone

(sauna, herbal sauna & steam bath)

- One-off visit 23.47 lv / 12 €
- One-off visit (children 3-14y) 11.73 lv / 6 €
- 10 visits 185.80 lv / 95 €
- 15 visits 234.70 lv / 120 €
- 20 visits 273.82 lv / 140 €

Swimming Pool & Jacuzzi

- One-off visit 23.47 lv / 12 €
- One-off visit (children 3-14y) 11.73 lv / 6 €
- 10 visits 185.80 lv / 95 €
- 15 visits 234.70 lv / 120 €
- 20 visits 273.82 lv / 140 €

Salt room

- One-off visit - 40 min 23.47 lv / 12 €
- One-off visit (children 3-14y) 11.73 lv / 6 €
- 10 visits 185.80 lv / 95 €
- 15 visits 234.70 lv / 120 €
- 20 visits 273.82 lv / 140 €

Fitness

- One-off training 9.78 lv / 5 €
- 10 visits 76.28 lv / 39 €
- 1 Month 68.45 lv / 35 €
- 3 Months 176.02 lv / 90 €
- 6 Months 324.67 lv / 166 €
- 12 Months 580.88 lv / 297 €

Spa card

(fitness, swimming pool and thermal zone)

- daily spa card 37.16 lv / 19 €
- daily spa card (for two) 68.45 lv / 35 €
- daily spa card (children 3-14y) 21.51 lv / 11 €
- monthly spa card (mon-fri) 215.14 lv / 110 €
- monthly spa card (mon-sun) 283.60 lv / 145 €
- annual spa card 2550.40 lv / 1304 €

* Towel rental 2 €

(1 towel included. There is a charge on extra towels)

* bathrobe rental 3 €

MASSAGES AND BODY TREATMENTS

Osteopathy

60 min | 115.39 lv / 59 €

Benefits: removes pain, improves posture, muscle relaxation

Classic back massage

30 min | 56.72 lv / 29 €

Benefits: improves blood circulation, improves posture, muscle relaxation

Classic massage 60 min | 88.01 lv / 45 €

Benefits: improves blood circulation, improves posture, muscle relaxation

Therapeutic Massage 60 min | 95.84 lv / 49 €

Benefits: reduces muscle tension, relieves stress and anxiety

Sports Massage 60 min | 95.84 lv / 49 €

Benefits: reduces muscle spasms, improves range of motion and muscle flexibility

Deep Tissue Massage 60 min | 95.84 lv / 49 €

Benefits: relieves pain and stiffness, improves circulation, restores range of motion

Aromatherapy 60 min | 95.84 lv / 49 €

Benefits: relieves stress, boosts energy, supports skin health

Hot Stone Massage 60 min | 95.84 lv / 49 €

Benefits: removes pain, increases energy levels, improves blood circulation

Lymphatic drainage massage 30 min | 56.72 lv / 29 €

Benefits: improves lymph circulation, breaks down cellulite and fat cells, gives skin a glow

Pressotherapy 30 min | 44.98 lv / 23 €

Benefits: improves lymph circulation, relieves stress and muscle pain, breaks down cellulite and fat cells

Reflexology 30 min | 54.76 lv / 28 €

Benefits: stimulates nerve function, increases energy, boosts circulation

Anti-cellulite massage 60 min | 95.84 lv / 49 €

Benefits: improves lymph circulation, accelerates metabolism, reduces the appearance of cellulite

Package 5 x Massages* 5 x 60 min | 381.39 lv / 195 €

Package 5 x Osteopathic Treatments* 5 x 60 min | 488.96 lv / 250 €

Package 10 x Pressotherapy procedures* 10 x 30 min | 350.09 lv / 179 €

*Within 60 days of the first therapy

SPA THERAPIES

Signature Fruit therapy "Ability Spa" 60 min | 107.57 lv / 55 €

Benefits: cleanse, tone, and nourish your skin

Therapy "Fitness Nuts" 60 min | 95.84 lv / 49 €

Benefits: exfoliates, smooths, and moisturizes the skin

Therapy "Coffee Time" 60 min | 95.84 lv / 49 €

Benefits: removes dead skin, moisturizes and invigorates

Therapy "Chocolate Dream" 60 min | 95.84 lv / 49 €

Benefits: soothes, moisturizes and nourishes your skin

Therapy "Sea Kissed" 60 min | 95.84 lv / 49 €

Benefits: exfoliates and nourishes the skin with a soothing coconut scent

SPA RITUALS

Hamмам / Turkish bath 45 min | 107.57 lv / 55 €

Benefits: exfoliates dead skin cells, detoxifies the body

Therapy "Pomorie" 45 min | 107.57 lv / 55 €

Benefits: detoxifies the skin, improves blood circulation

BEAUTY TREATMENTS

Aroma facial massage 30 min | 66.50 lv / 34 €

Benefits: increases circulation and improves elasticity

Imperial facial massage 30 min | 66.50 lv / 34 €

Benefits: promotes healthy skin tone, rejuvenation and reduces wrinkles

Beauty Queen facial massage 60 min | 115.39 lv / 59 €

Benefits: promotes healthy skin tone, increases circulation and improves elasticity

Eyebrow shaping 15.65 lv / 8 €

Eyebrow tinting 15.65 lv / 8 €

Microblading 180 min | 350.09 lv / 179 €

FACIAL TREATMENTS

Manual facial cleansing 60 min | 78.23 lv / 40 €

Benefits: rejuvenates the skin leaving it fresh and renewed

Ultrasonic facial cleansing + serum 50 min | 78.23 lv / 40 €

Benefits: deep cleanses, exfoliates and improves skin texture and tone

Ultrasonic facial cleansing (includes neck and décolleté) + serum 50 min | 88.01 lv / 45 €

Benefits: deep cleanses, exfoliates and improves skin texture and tone

Hydrodermabrasion	60 min 78.23 lv / 40 €
Benefits: removes dead cells and hydrates the skin	
Hydrodermabrasion (includes neck and décolleté)	70 min 86.06 lv / 44 €
Benefits: removes dead cells and hydrates the skin	
Hydrodermabrasion (back treatment)*	60 min 95.84 lv / 49 €
Benefits: removes dead cells and hydrates the skin	
Diamond Dermabrasion	45 min 78.23 lv / 40 €
Benefits: reduces age spots and dark spots left by acne	
Diamond Dermabrasion (back treatment)*	60 min 88.01 lv / 45 €
Benefits: reduces age spots and dark spots left by acne	
Combined facial cleaning	80 min 95.84 lv / 49 €
Benefits: helps to nourish and hydrate the skin, reduces wrinkles	
Oxygen therapy	40 min 74.32 lv / 38 €
Benefits: boosts collagen production and detoxes the skin from congestion	
Cryotherapy (serum+cold hammer)	40 min 74.32 lv / 38 €
Benefits: reduces inflammation, puffiness and stimulates collagen production	
RF Biolifting	40 min 74.32 lv / 38 €
Benefits: stimulate collagen and elastin production	
Microneedling	60 min 115.39 lv / 59 €
Benefits: improves skin texture and reduces acne including blackheads	
Eye contour treatment	30 min 54.76 lv / 28 €
Benefits: improves skin elasticity and firmness	
Acne treatment	50 min 95.84 lv / 49 €
Benefits: helps clearout blackheads and removes dead skin from blocked pores	
Non-invasive Mesotherapy	40 min 95.84 lv / 49 €
Benefits: stimulates elastin and collagen to restores suppleness on the face	
Chemical peeling with mono acid	50 min 88.01 lv / 45 €
Benefits: exfoliates dry skin, deeply cleanses the pores	

SPECIAL FACIAL TREATMENTS

Hydrating Facial Therapy 70 min | 125.17 lv / 64 €

Benefits: deep hydration, improved skin elasticity, boosts radiance

Bio microneedling 60 min | 166.25 lv / 85 €

Benefits: improves skin texture and reduces acne

Bio microneedling anti-age 60 min | 264.03 lv / 135 €

Benefits: softens the appearance of lines and wrinkles

Carboxytherapy 60 min | 115.39 lv / 59 €

Benefits: improves the blood flow and oxygenation of the tissues

Facial treatment with Vitamin C 60 min | 125.17 lv / 64 €

Benefits: improves and hydrates the skin

Grow factor therapy 60 min | 134.95 lv / 69 €

Benefits: reduces acne, irons out wrinkles and fine lines

Gold therapy 70 min | 144.73 lv / 74 €

Benefits: improves skin elasticity and firmness, hydrates skin

Super Lifting Therapy 60 min | 134.95 lv / 69 €

Benefits: stimulates collagen production, reduces deep wrinkles, improves skin texture

SPECIAL FACIAL TREATMENTS WITH PDT LASER

Lift contour facial therapy 60 min | 125.17 lv / 64 €

Benefits: improves skin elasticity and firmness

**Anti-Aging therapy with peptides
and hyaluronic acid** 60 min | 125.17 lv / 64 €

Benefits: lifts and tightens the skin, irons out wrinkles and fine lines

Revitalizing therapy 60 min | 125.17 lv / 64 €

Benefits: lifts and tightens the skin, boosts collagen production

Anti-Aging eye contour therapy 40 min | 95.84 lv / 49 €

Benefits: reduces fine lines and wrinkles, improves skin elasticity and firmness

Acne treatment 60 min | 115.39 lv / 59 €

Benefits: helps clearout blackheads and removes dead skin from blocked pores

Despigmen 60 min | 125.17 lv / 64 €

Benefits: improves skin texture and reduces acne

* We offer individual therapies based on your skin condition and your needs.

* For maximum results we recommend at least few procedures.

* Buy a package of 4 therapies and get 1 free.

Spa packages

10 Spa Visits*	283.60 lv / 145 €
15 Spa Visits*	375.52 lv / 192 €
20 Spa Visits*	459.62 lv / 235 €
(fitness, swimming pool and thermal zone)	
'Fitness' package	140.82 lv / 72 €
(monthly fitness card + 5 visits thermal zone)	
'Health' package	140.82 lv / 72 €
(monthly fitness card + 5 visits salt room)	
'Sports' package	293.37 lv / 150 €
(monthly fitness card + 3 sports massages)	
'Relax' package	101.70 lv / 52 €
(daily spa card + 60 min classic massage)	
'Beauty' package	234.70 lv / 120 €
(Hamмам + Aromatherapy + Manual face cleansing)	
"Ability Lady" package	179.94 lv / 92 €
Manual facial cleansing+ hot stone massage + daily spa card	
"Ability Gentleman" package	170.16 lv / 87 €
Facial massage + Hamмам + daily spa card	
'Ability" Spa package for two	234.70 lv / 120 €
2 x classic massage + daily spa card + salt room + bottle of wine / champagne	

* within 90 days of the first visit

Gift vouchers

A selection of gift vouchers is available, offering a choice of spa sessions and specially designed packages that feature our favorite treatments.

The vouchers are valid for a period of one year and you can purchase them from spa reception.