

SPA

Thermal Zone

(sauna, herbal sauna & steam bath)

- One-Off Visit 20 lv
- One-Off Visit (children 3-14y) 10 lv
- 10 Visits 170 lv
- 15 Visits 220 lv
- 20 Visits 260 lv

Swimming Pool & Jacuzzi

- One-Off Visit 20 lv
- One-Off Visit (children 3-14y) 10 lv
- 10 Visits 170 lv
- 15 Visits 220 lv
- 20 Visits 260 lv

Salt Room

- One-Off Visit - 40 min 20 lv
- One-Off Visit children - 20 min 10 lv
- 10 Visits 170 lv
- 15 Visits 220 lv
- 20 Visits 260 lv

Fitness

- One-Off Training 7 lv
- 1 Month 65 lv
- 3 Months 170 lv
- 6 Months 320 lv
- 12 Months 570 lv

Spa Card

(fitness, swimming pool and thermal zone)

- Daily Spa Card 35 lv
- Daily Spa Card (children 3-14y) 20 lv
- Monthly Spa Card (Mon-Fri) 210 lv
- Monthly Spa Card (Mon-Sun) 280 lv
- Annual Spa Card 2500 lv

•• towel rental 3 lv.

(1 towel included. There is a charge on extra towels)

•• bathrobe rental 5 lv.

MASSAGES AND BODY TREATMENTS

Osteopathy

60 min | 100 lv

Benefits: removes pain, improves posture, muscle relaxation

Classic back massage

30 min | 50 lv

Benefits: improves blood circulation, improves posture, muscle relaxation

Classic massage 60 min | 85 lv

Benefits: improves blood circulation, improves posture, muscle relaxation

Therapeutic Massage 60 min | 90 lv

Benefits: reduces muscle tension, relieves stress and anxiety

Deep Tissue Massage 60 min | 90 lv

Benefits: relieves pain and stiffness, improves circulation, restores range of motion

Sports Massage 60 min | 90 lv

Benefits: reduces muscle spasms, improves range of motion and muscle flexibility

Aromatherapy 60 min | 90 lv

Benefits: relieves stress, boosts energy, supports skin health

Hot Stone Massage 60 min | 90 lv

Benefits: removes pain, increases energy levels, improves blood circulation

Lymphatic drainage massage 30 min | 50 lv

Benefits: improves lymph circulation, breaks down cellulite and fat cells, gives skin a glow

Pressotherapy 30 min | 40 lv

Benefits: improves lymph circulation, relieves stress and muscle pain, breaks down cellulite and fat cells

Reflexology 30 min | 50 lv

Benefits: stimulates nerve function, increases energy, boosts circulation

Anti-cellulite massage 60 min | 90 lv

Benefits: improves lymph circulation, accelerates metabolism, reduces the appearance of cellulite

Package 5 x Massages* 5 x 60 min | 375 lv

Package 5 x Osteopathic Treatments* 5 x 60 min | 400 lv

Package 10 x Pressotherapy procedures* 10 x 30 min | 300 lv

*Within 30 days of the first therapy

SPA THERAPIES

Signature Fruit therapy "Ability Spa" 60 min | 95 lv

Benefits: cleanse, tone, and nourish your skin

Therapy "Fitness Nuts" 60 min | 90 lv

Benefits: exfoliates, smooths, and moisturizes the skin

Therapy "Coffee Time" 60 min | 90 lv

Benefits: removes dead skin, moisturizes and invigorates

Therapy "Chocolate Dream"

60 min | 90 lv

Benefits: soothes, moisturizes and nourishes your skin

Therapy "Sea Kissed"

60 min | 90 lv

Benefits: exfoliates and nourishes the skin with a soothing coconut scent

SPA RITUALS

Hammam / Turkish bath

45 min | 95 lv

Benefits: exfoliates dead skin cells, detoxifies the body

Therapy "Pomorie"

45 min | 95 lv

Benefits: detoxifies the skin, improves blood circulation

BEAUTY TREATMENTS

Aroma facial massage

30 min | 50 lv

Benefits: increases circulation and improves elasticity

Imperial facial massage

30 min | 60 lv

Benefits: promotes healthy skin tone, rejuvenation and reduces wrinkles

Beauty Queen facial massage

60 min | 110 lv

Benefits: promotes healthy skin tone, increases circulation and improves elasticity

Eyebrow shaping

10 lv

Eyebrow tinting

10 lv

FACIAL TREATMENTS

Manual facial cleansing

60 min | 75 lv

Benefits: rejuvenates the skin leaving it fresh and renewed

Ultrasonic facial cleansing + serum

40 min | 75 lv

Benefits: deep cleanses, exfoliates and improves skin texture and tone

Ultrasonic facial cleansing (includes neck and décolleté) + serum

50 min | 85 lv

Benefits: deep cleanses, exfoliates and improves skin texture and tone

Hydrodermabrasion

60 min | 75 lv

Benefits: removes dead cells and hydrates the skin

Hydrodermabrasion (includes neck and décollete) Benefits: removes dead cells and hydrates the skin	70 min 80 lv
Hydrodermabrasion (back treatment)* Benefits: removes dead cells and hydrates the skin	60 min 90 lv
Diamond Dermabrasion Benefits: reduces age spots and dark spots left by acne	45 min 75 lv
Diamond Dermabrasion (back treatment)* Benefits: reduces age spots and dark spots left by acne	60 min 85 lv
Combined facial cleaning Benefits: helps to nourish and hydrate the skin, reduces wrinkles	80 min 90 lv
Oxygen therapy Benefits: boosts collagen production and detoxes the skin from congestion	40 min 70 lv
Cryotherapy (serum+cold hammer) Benefits: reduces inflammation, puffiness and stimulates collagen production	40 min 70 lv
RF Biolifting Benefits: stimulate collagen and elastin production	40 min 70 lv
Microneedling Benefits: improves skin texture and reduces acne including blackheads	60 min 110 lv
Eye contour treatment Benefits: improves skin elasticity and firmness	30 min 50 lv
Acne treatment Benefits: helps clearout blackheads and removes dead skin from blocked pores	50 min 90 lv
Non-invasive Mesotherapy Benefits: stimulates elastin and collagen to restores suppleness on the face	40 min 75 lv
Chemical peeling with mono acid Benefits: exfoliates dry skin, deeply cleanses the pores	50 min 85 lv

SPECIAL FACIAL TREATMENTS

Retinol Therapy 70 min | 120 lv

Benefits: increases skin cell production, exfoliates your skin

Bio microneedling 60 min | 160 lv

Benefits: improves skin texture and reduces acne

Bio microneedling anti-age 60 min | 260 lv

Benefits: softens the appearance of lines and wrinkles

Carboxytherapy 60 min | 110 lv

Benefits: improves the blood flow and oxygenation of the tissues

Facial treatment with Vitamin C 60 min | 120 lv

Benefits: improves and hydrates the skin

Grow factor therapy 60 min | 130 lv

Benefits: reduces acne, irons out wrinkles and fine lines

Gold therapy 70 min | 140 lv

Benefits: improves skin elasticity and firmness, hydrates skin

SPECIAL FACIAL TREATMENTS WITH PDT LASER

Lift contour facial therapy 60 min | 120 lv

Benefits: improves skin elasticity and firmness

Anti-Aging therapy with peptides and hyaluronic acid 60 min | 120 lv

Benefits: lifts and tightens the skin, irons out wrinkles and fine lines

Revitalizing therapy 60 min | 120 lv

Benefits: lifts and tightens the skin, boosts collagen production

Anti-Aging eye contour therapy 40 min | 90 lv

Benefits: reduces fine lines and wrinkles, improves skin elasticity and firmness

Acne treatment 60 min | 110 lv

Benefits: helps clearout blackheads and removes dead skin from blocked pores

Despigmen 60 min | 120 lv

Benefits: improves skin texture and reduces acn

* We offer individual therapies based on your skin condition and your needs.

* For maximum results we recommend at least few procedures.

* Buy a package of 4 therapies and get 1 free.

Spa packages

10 Spa Visits*	270 lv
15 Spa Visits*	360 lv
20 Spa Visits*	440 lv
(fitness, swimming pool and thermal zone)	
'Fitness' package	125 lv
(monthly fitness card + 5 visits thermal zone)	
'Health' package	125 lv
(monthly fitness card + 5 visits salt room)	
'Sports' package	280 lv
(monthly fitness card + 3 sports massages)	
'Relax' package	95 lv
(daily spa card + 60 min classic massage)	
'Beauty' package	220 lv
(Hamмам + Aromatherapy + Manual face cleansing)	
"Ability Lady" package	170 lv
Manual facial cleansing+ hot stone massage + daily spa card	
Ability Gentleman" package	170 lv
Facial massage + Hammam + daily spa card	
'Ability" Spa package for two	220 lv
2 x classic massage + daily spa card + salt room + bottle of wine/ champagne	

* within 90 days of the first visit

Gift vouchers

A selection of gift vouchers is available, offering a choice of spa sessions and specially designed packages that feature our favorite treatments.

The vouchers are valid for a period of one year and you can purchase them from spa reception.